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Dear Mother and Father and my dear family,

I miss you very much. Two long and hard years have passed for me since I parted from you and was forced to begin living in captivity.

I continue to suffer from health and psychological difficulties and much depression, which is characteristic to this type of life. As in my former letters, I very much hope that your health and mental condition has not deteriorated since you started living without me.

I still keep thinking and dreaming about the day I will be freed and meet you again. And I am still hopeful that this day is close – but I know that this does not depend on either me or you.

I appeal to the government not to neglect the negotiations for my release by putting their efforts into obtaining the release of the soldiers in Lebanon.

Missing you, Gilad June 2008